

Annual Physical – Name: _____ Date: _____

Social History

Married <input type="checkbox"/>	Single <input type="checkbox"/>	Widowed <input type="checkbox"/>	
Employed	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes, Occupation _____
Tobacco	Yes <input type="checkbox"/>	No <input type="checkbox"/>	If yes: How many Cigarettes/day _____ How many years _____
Alcohol	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
	If yes, how many drinks/day _____ What type of Alcohol: Beer Wine Other _____		
	Do you feel you need to cut down on your drinking? Yes <input type="checkbox"/> No <input type="checkbox"/>		
	Do you feel annoyed by criticisms of your drinking? Yes <input type="checkbox"/> No <input type="checkbox"/>		
	Do you feel guilty about your drinking? Yes <input type="checkbox"/> No <input type="checkbox"/>		
	Have you ever had a morning drink for an eye opener? Yes <input type="checkbox"/> No <input type="checkbox"/>		
Marijuana	Yes <input type="checkbox"/>	No <input type="checkbox"/>	

Past Medical History/ Major Events

Surgery

Type of Surgery	Date
1	
2	
3	
4	

Hospitalizations

Diagnosis	Date
1	
2	
3	
4	

Current Medical Diagnosis

1	3
2	4
5	6
7	8

Current Medications

1	5
2	6
3	7
4	8

Family History

	Diabetes	Hypertension	Heart Disease	High Cholesterol	Cancer
Father					
Mother					
Sibling					
Grandfather					
Grandmother					

Preventive Care *(Please put date)*

Annual Physical		Pap Smear (women only)		PSA (men only)	
Mammogram	Colonoscopy	Dexa Scan	Tetanus/Tdap	Hep B	
Pneumovax 23	Prevnar 13	Shingles/Zoster		Tuberculosis/PPD	
Gardasil					

Nutrition

3 Meals/day	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Exercise	Yes <input type="checkbox"/>	No <input type="checkbox"/> If yes, what type _____ number of times _____
Drink Water	Yes <input type="checkbox"/>	No <input type="checkbox"/> If yes, how much per day _____

Safety Questions

Do you wear your seatbelts?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are there working fire alarms in the home?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are there firearms (guns) in the home?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Do you feel safe at home?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Are you experiencing any abuse, physical or emotional?	Yes <input type="checkbox"/>	No <input type="checkbox"/>